



ADITYA COLLEGE OF PHARMACY

Aditya nagar, Surampalem,
Andhra Pradesh 533437



A VALUE-ADDED COURSE ON

“HEALTH EDUCATION AND NUTRITION”

Eligibility: II & III PHARM D

Students who are interested to join the value-added course should contact the respective coordinator



Coordinator: Dr.A.Haritha
Asst. Professor,
Aditya College of Pharmacy



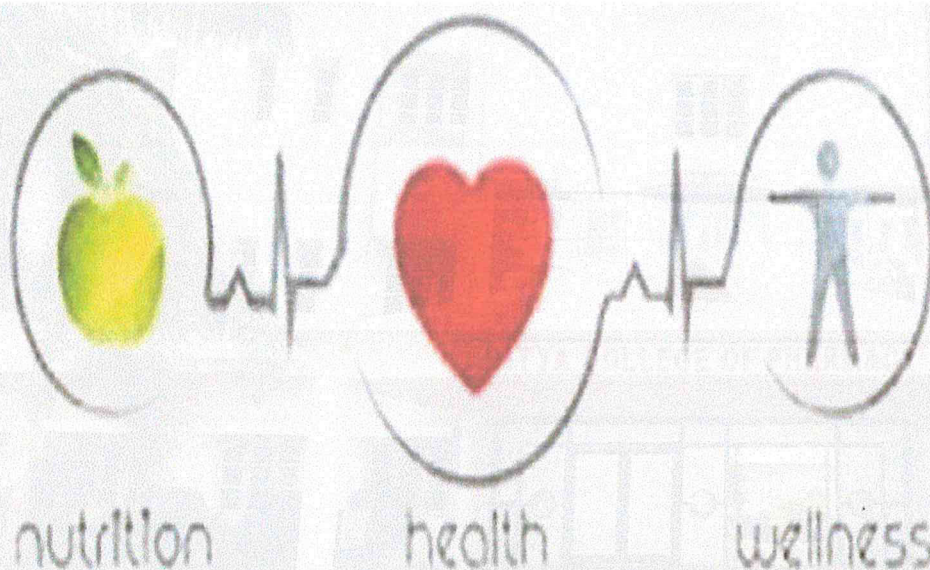
Resource Person: Amit Kumar
Asso. Professor,
Aditya College of Pharmacy



Convener: Dr.K.Ravishankar
Principal,
Aditya College of Pharmacy



Patron: Dr.N. Satish Reddy
Vice-Chairman,
Aditya Educational Institutions



Timings:
2nd Sep 2017 to
28th Oct 2017
(Every Saturday)

All the students enrolled in this course will be provided with a certificate



Dr. N. Satish Reddy
PRINCIPAL
Aditya College of Pharmacy
SURAMPALAM-533 437



ADITYA COLLEGE OF PHARMACY

(Affiliated to JNTUK, Approved by AICTE)



(ADITYA NAGAR, ADB ROAD, SURAMPALEM 533 437, E.G.Dt, Ph.9949876664, 08852-200005)

Website: www.acop.edu.in, Email: office@acop.edu.in

COURSE SYLLABUS

DURATION: 50Hrs

COURSE NAME: Health education and nutrition

COURSE OBJECTIVES:

- To introduce the students to the fundamentals of Nutrition, food and health
- To familiarize them with importance of nutrition during various stages of life.
- To impart knowledge regarding etiology and management of nutritional disorders ranging from nutritional deficiencies to life style disorders.
- To emphasize on the importance of food safety, food quality, food laws and regulations, ongoing national programmes as well as imparting entrepreneurship skill for job enhancement.

DAY 1: 02-09-2017 (6Hrs)

DAY 2: 09-09-2017 (6Hrs)

MODULE- I

Health, concepts of health, dimensions of health, public health and its concept

DAY 3: 16-09-2017 (6Hrs)

DAY 4: 23-09-2017 (6Hrs)

MODULE- II

Health and development, role of nutrition in body

DAY 5: 30-09-2017 (6Hrs)

DAY 6: 07-10-2017 (5Hrs)

MODULE- III

Balance diet, role and functions of vitamins, minerals and nutrients

DAY 7: 14-10-2017 (5Hrs)

DAY 8: 21-10-2017 (5Hrs)

MODULE- IV

Nutritional and vitamin deficiencies



Joanni Chandra
PRINCIPAL
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DAY 9: 28-10-2017 (5Hrs)

MODULE- V

Malnutrition and its types, control and prevention of malnutrition

REFERENCE:

1. Mudambi, SR and Rajagopal, MV. Fundamentals of Foods, Nutrition and Diet Therapy; Fifth Ed; 2012; New Age International Publishers
2. Khanna K et al. Textbook of nutrition and dietetics; 2013; Phoenix Publisher.
3. Wardlaw GM, Hampl JS. Perspectives in Nutrition; Seventh Ed; 2007; McGraw Hill.
4. Lakra P, Singh MD. Textbook of Nutrition and Health; First Ed; 2008; Academic Excellence.
5. Wadhwa A and Sharma S (2003). Nutrition in the Community-A Textbook. Elite Publishing House Pvt. Ltd. New Delhi.



Xavi Chaudhary

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ADITYA

COLLEGE OF PHARMACY

Approved by AICTE & PCI - NEW DELHI, Affiliated to JNTUK KAKINADA
(Formerly known as Sri Sai Aditya Institute of Pharmaceutical Sciences & Research)

Ph: 99498 76664

Email: office@acop.edu.in

Website: www.acop.edu.in

CERTIFICATE COURSE SUMMARY 2017-18

COURSE CODE AND NAME : VHEN and Health education and nutrition
COURSE DURATION : 50Hrs
BRANCH AND YEAR OFFERED: II PharmD & III B.Pharmacy
COURSE INSTRUCTORS : Amit kumar, Asso. Professor

COURSE OUTCOME

Students will be able to interpret and apply nutrition concepts to evaluate and improve the nutritional health of individuals.

COURSE TYPE : Self framed course

ASSESSMENT MODE

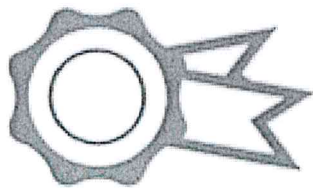
ATTENDANCE : 50 Hours
NO.OF PARTICIPANTS : 105
SCHEME OF EXAM : MCQ Offline
DATE OF EXAM : 30-10-2017


Course coordinator




Principal
PRINCIPAL
Aditya College of Pharmacy
SURAMPALEM





CERTIFICATE OF COMPLETION



This is to certify that Mr./Ms.

bearing roll number _____ has successfully
completed the Value-added course entitled
"Health Education And Nutrition" held in
Aditya College of Pharmacy, Surampalem
from 02nd September to 28th October, 2017

N. Sateesh Babu
Chairman

N. Subash Kumar
Vice-Chairman

K. Venkatesh
Director & Principal



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